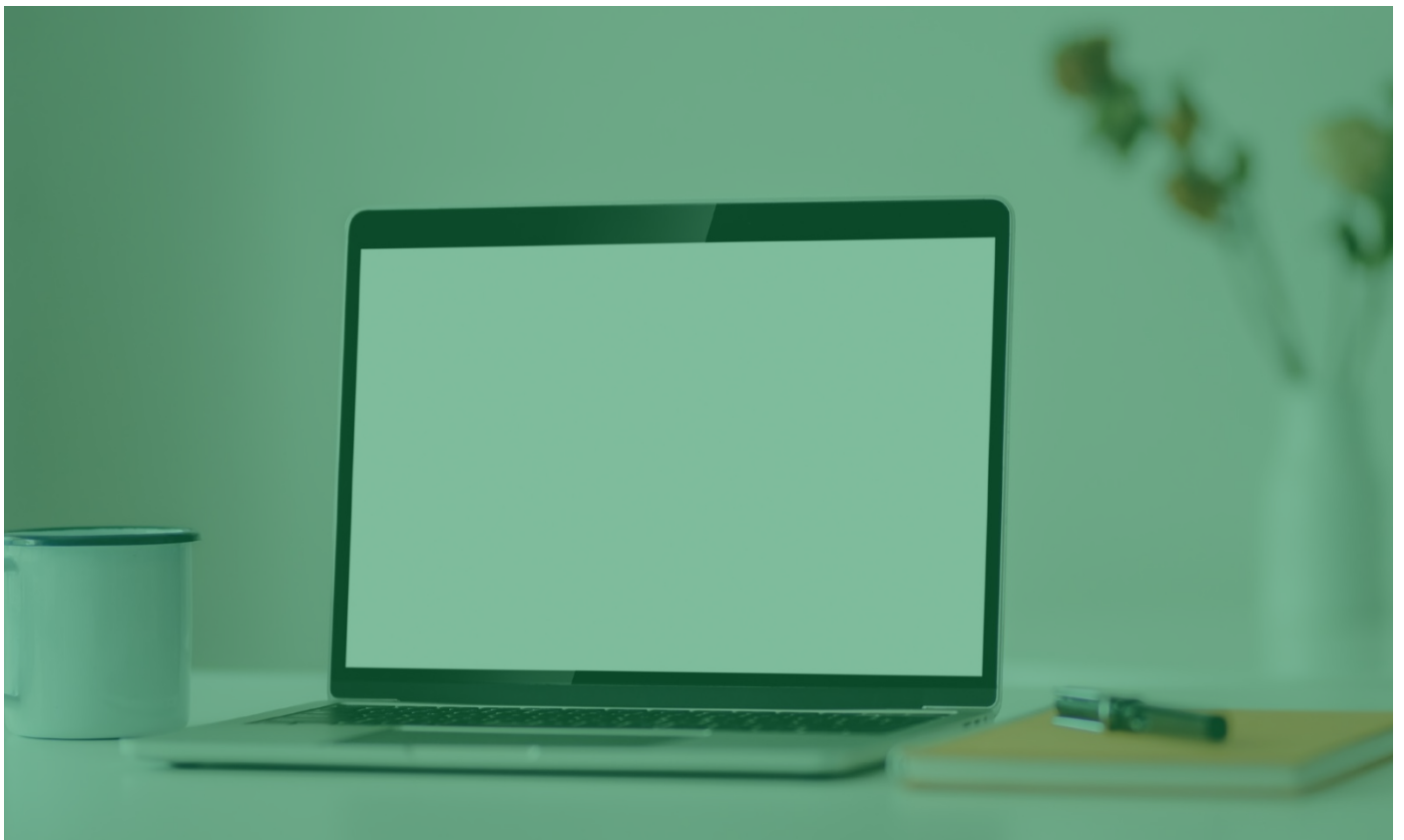


Diversity & Inclusion

Cultural Humility 101  WiBE

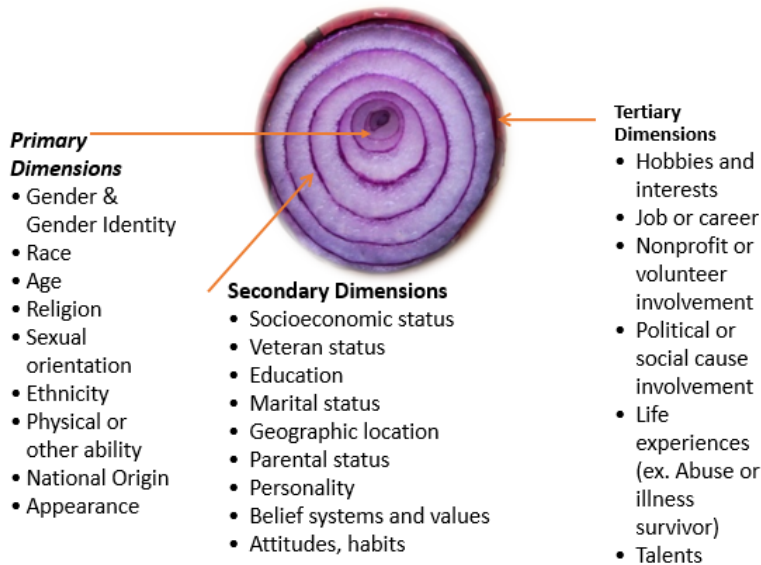
Participant Guide



Activity: Knowing Ourselves To Know Others

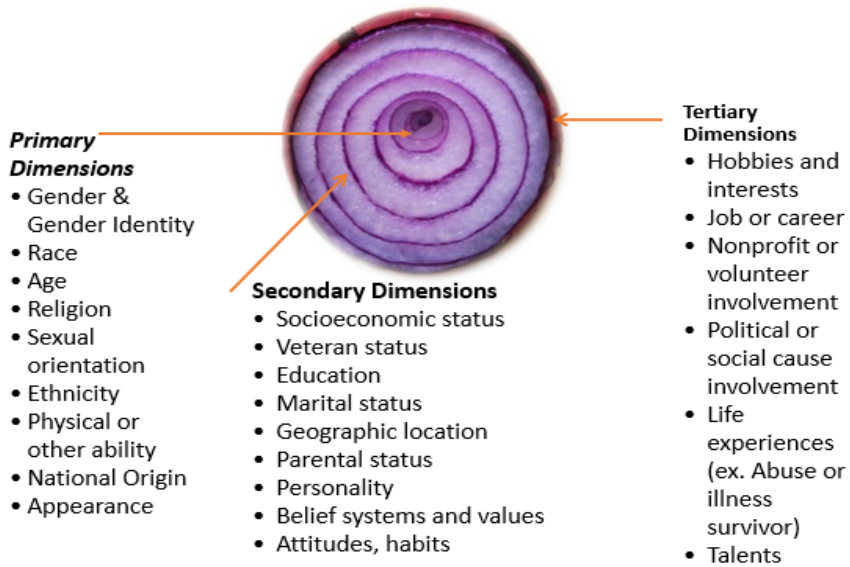
- Using Page 3 of this guide or a piece of paper, write the top three identities that have the most impact on your perspectives, experiences, and interactions.
 - Example: Age, Gender/Identity, Race/Ethnicity, Veteran Status, Life Experience

Dimensions of Diversity



- For each identity, consider the following questions:
 - How do they **inform** or **impact** your perspectives when engaging with others? In a work setting (which may be different outside of work)?
 - How might they **limit** your perspectives when interacting with *those who are different*?
- You have 5 minutes to complete this activity individually.
- We will ask for volunteers to share afterwards.

Dimensions of Diversity



What are your top 3 identities that have the most impact on your perspectives, experiences, and interactions?

Your Identities	How do they inform or impact your perspectives when interacting with others?	How might they limit your perspectives when interacting with those who are different?

Cultural Humility

Allows **culturally competent individuals** to identify the presence and **importance** of differences **between their orientation and that of each person they interact with** and to explore **compromises** that would be **acceptable to both**.

A *lifelong process* of *self-reflection* and *self-critique*.

Acknowledging differences without judgment, awareness of biases and assumptions, engaging in self-assessment

What Will I Do Differently?



I know there is something I can do as a
member of the



community to practice
intentional inclusion.

That something is...